

RESIDENT FORUMS

IN DISABILITY CENTRES IN 2022

and 2023

April 2024

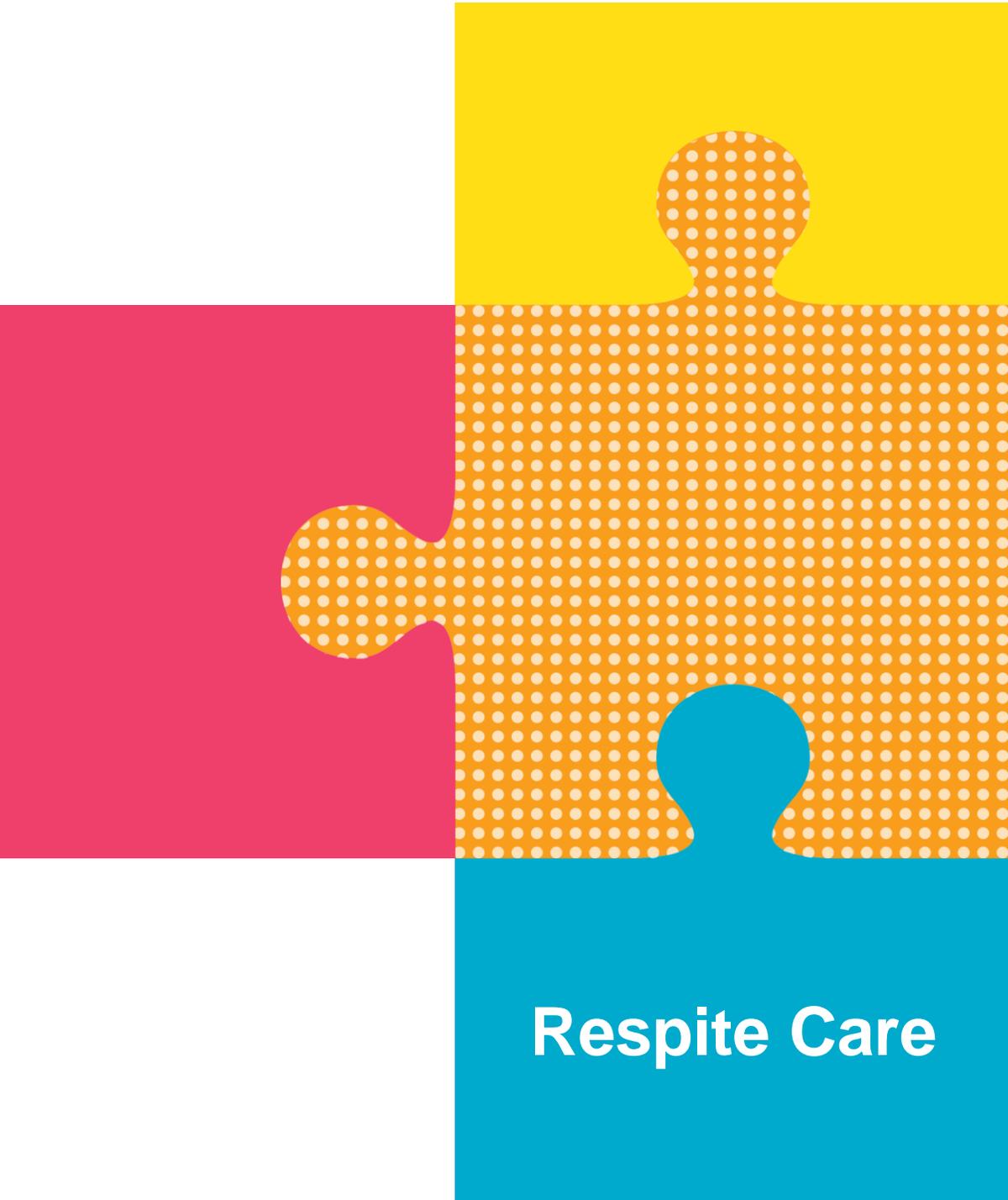


Health
Information
and Quality
Authority

An tÚdarás Um Fhaisnéis
agus Cáilíocht Sláinte

Respite
Care



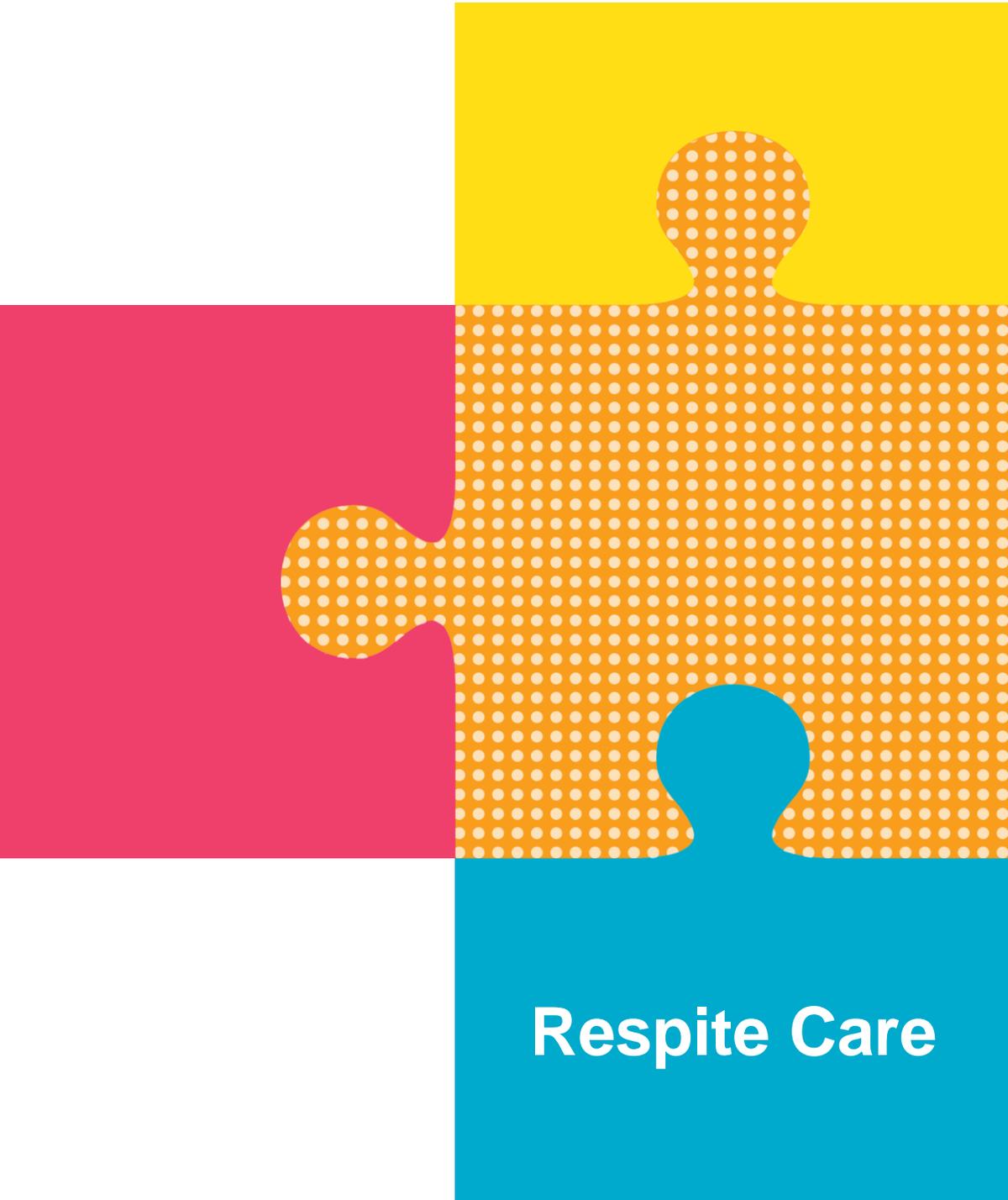


Respite Care

Introduction

In 2022, HIQA met with 88 residents in 15 face-to-face resident forums across Ireland to hear about their experiences of living in residential services for people with disabilities.

In 2023, we sent a survey to a sample group of residents to ask them about their views on the resident forums and the reports that we produced.



Respite Care

About

The majority of residents who took part in the forums were not availing of respite services, which meant it was not a topic discussed at all forums.

However, other groups spoke of their experiences being in a respite service.

This is what residents told us about respite.

Respite Care



When a person enters a centre for
a short period of time to receive
care and support

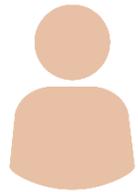
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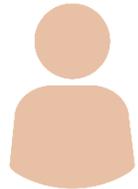
Full-time residential care

When a person enters a centre to receive
full-time care and support

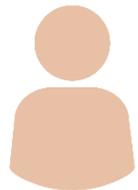
What is it like to live in respite?



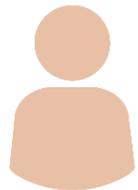
“It’s kind of a holiday really – away for three nights, ... really enjoy it.”



“I saw it as a holiday.”



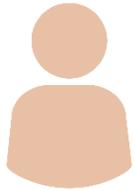
“We have a bit of fun and everything.”



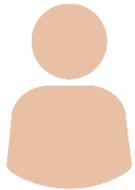
“I feel safe in respite, privacy is very important.”



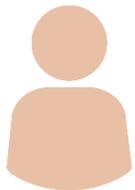
What were some activities you enjoyed during respite?



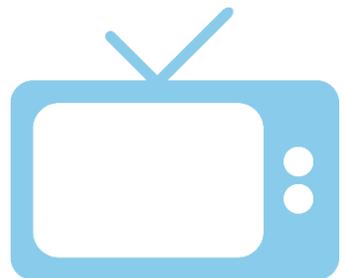
“I had pizza at night.”



“Some have Netflix so you can watch great action movies.”



“I buy presents for Mammy when in respite.”



Relationship with other residents in respite



“You don’t know who it is going to be until you are there. Sometimes it’s a surprise, you don’t know until you show up.”

Residents had **mixed feelings** about living with other respite residents.

Some residents who lived in their centre on a full-time basis preferred to share the centre with only other full-time residents.

Residents said they could **speak to the manager** if they wanted to be in respite with a particular person.

Respite Care



Find out more about the day-to-day lives of people living in designated centres for people with disabilities in our report on Resident Forums in Centres for People with Disabilities 2022 and 2023 at www.hiqa.ie.