

Health Information and Quality Authority
Social Services Inspectorate

Inspection report
Designated centres for older people



Centre name:	Kilminchy Lodge Nursing Home
Centre ID:	0052
Centre address:	Dublin Road
	Portlaoise
	Co Laois
Telephone number:	057 8663600
Fax number:	n/a
Email address:	kilminchylodgenh@eircom.net
Type of centre:	<input checked="" type="checkbox"/> Private <input type="checkbox"/> Voluntary <input type="checkbox"/> Public
Registered providers:	Kilminchy Partnership
Person in charge:	Sian Rowe McCormack
Date of inspection:	15 November 2011
Time inspection took place:	Start: 13:30 hrs Completion: 16:30 hrs
Lead inspector:	Sheila Doyle
Support inspector:	N/A
Type of inspection:	<input type="checkbox"/> Announced <input checked="" type="checkbox"/> Unannounced
Purpose of this inspection visit:	<input type="checkbox"/> Application to vary registration conditions <input type="checkbox"/> Notification of a significant incident or event <input type="checkbox"/> Notification of a change in circumstance <input type="checkbox"/> Information received in relation to a complaint or concern <input checked="" type="checkbox"/> Follow-up inspection

About the inspection

The purpose of inspection is to gather evidence on which to make judgments about the fitness of the registered provider and to report on the quality of the service. This is to ensure that providers are complying with the requirements and conditions of their registration and meet the Standards, that they have systems in place to both safeguard the welfare of service users and to provide information and evidence of good and poor practice.

In assessing the overall quality of the service provided, inspectors examine how well the provider has met the requirements of the Health Act 2007, the Health Act 2007 (Care and Welfare of Residents in Designated Centres for Older People) Regulations 2009 (as amended) and the *National Quality Standards for Residential Care Settings for Older People in Ireland*.

Additional inspections take place under the following circumstances:

- to follow up matters arising from a previous inspection to ensure that actions required of the provider have been taken
- following a notification to the Health Information and Quality Authority's Social Services Inspectorate of a change in circumstance for example, that a provider has appointed a new person in charge
- arising from a number of events including information received in relation to a concern/complaint or notification to the SSI of a significant event affecting the safety or wellbeing of residents
- to randomly "spot check" the service.

All inspections can be announced or unannounced, depending on the reason for the inspection and may take place at any time of day or night.

All inspection reports produced by the Health Information and Quality Authority will be published. However, in cases where legal or enforcement activity may arise from the findings of an inspection, the publication of a report will be delayed until that activity is resolved. The reason for this is that the publication of a report may prejudice any proceedings by putting evidence into the public domain.

About the centre

Description of services and premises

Kilminchy Lodge is a single-storey purpose-built nursing home with 52 residential places. It was established on 13 April 2000 and provides long-term, convalescent, palliative and dementia care to residents over 18 years of age. At the time of the inspection there were 43 residents.

The centre is divided into two wings and has 36 single rooms with shared en suite toilet, wash-hand basin and shower facilities between every two rooms. A further eight single rooms and four twin rooms do not have en suite facilities. There are two assisted bathrooms, one on each wing and two sluice rooms equipped with bedpan washers.

There is a large, pleasantly furnished sitting room at the front of the centre and the dining room is bright and spacious. An oratory is provided and is used for private prayer and funeral removals.

The centre is equipped with a fire alarm system and a nurse call-bell system. Closed Circuit Television (CCTV) provides additional security for the residents and staff.

There are adequate car parking facilities to the front of the building.

Location

Kilminchy Lodge Nursing Home is located approximately 2 km outside the town of Portlaoise, Co Laois.

Date centre was first established:	13 April 2000
Number of residents on the date of inspection:	43
Number of vacancies on the date of inspection:	9

Dependency level of current residents	Max	High	Medium	Low
Number of residents	19	4	9	11

Management structure

The Provider is the Kilminchy Partnership and the named person on behalf of the company is Patricia McCarthy. Sian Rowe McCormack is the Person in Charge. An Assistant Director of Nursing (ADON) supports the Person in Charge. Staff nurses and the activity coordinator report to the Person in Charge. Catering, laundry, household, maintenance and administration staff also report to the Person in Charge. Care assistants report to the senior care assistants and they report to the staff nurses.

Staff designation	Person in Charge	Nurses	Care staff	Catering staff	Cleaning and laundry staff	Admin staff	Other staff
Number of staff on duty on day of inspection	1	2	7	2	3	1	

Background

The Health Information and Quality Authority (the Authority) carried out five inspections of Kilminchy Nursing Home in 2009 and 2010. Initial inspections identified a number of serious deficits and information of concern was received about this centre on a number of occasions. The registration inspection was carried out in June 2010, with two follow up inspections in December 2010 and June 2011.

The registration and follow up inspections showed that many of the actions in previous reports had been addressed and inspectors were satisfied with the ongoing improvements in the training of staff. Inspectors found that the premises were safe, maintained to a high standard and were clean, homely and welcoming. Measures had been taken to set up a programme of meaningful recreational activities for residents.

These inspection reports can be found at www.hiqa.ie.

Summary of findings from this inspection

This was an unannounced follow up inspection and the centres seventh inspection.

The inspector found that the two actions required from the previous inspection had been completed. There was evidence that residents were involved in the development and review of their care plans and the en suite locking system was now sorted.

The inspector also reviewed wound management and pressure area care and was satisfied that evidence-based care was being provided. Appropriate equipment was in place and additional training had also been made available for staff.

The inspector met with some residents who were in the day room and saw that they were busily engaged in choosing a colour for the day room walls which was due to be repainted. A final decision was to be made at the residents' committee meeting which was scheduled for the next day.

These areas are discussed further in the report.

Actions reviewed on inspection:

1. Action required from previous inspection:

There was no evidence of resident or relative involvement in the review of their care plans.

Revise each resident's care plan, after consultation with him/her.

This action was completed.

The inspector read a sample of care plans and noted that there was evidence of resident and relative involvement. Three-monthly reviews were undertaken and co-signed by the resident or their relatives as appropriate. Residents spoken with told the inspector that the nurse discussed the care plan with them.

2. Action required from previous inspection:

Some of the en suite facilities which were shared between two bedrooms could be accessed from either room when the resident was using it.

Provide residents with privacy to the extent that each resident is able to undertake personal activities in private.

This action was completed.

This related to the en suite facilities which were shared between two bedrooms. The locking system in place was insufficient.

The inspector saw that a new sensor system had been introduced. This prevented the resident in the adjoining bedroom from entering the en suite if occupied. The inspector tried the system and noted that it was working.

Other issues:

Wound Management

The Authority had received notifications over a five month period that three residents had developed pressure ulcers. The inspector read the care plans of these residents and saw that appropriate assessment and treatment plans were in place. These included the provision of pressure relieving equipment, the prescribing and administration of nutritional supplements and additional pressure area care.

The inspector also saw that a weekly register of pressure relieving equipment was maintained and that all residents who had been assessed as being at risk of pressure ulcer development had pressure relieving equipment in place. Staff spoken with were very knowledgeable about the use of this equipment and the correct settings.

The inspector saw that all staff nurses had attended wound management training and this learning was shared with the health care assistants. In addition on site training was provided for all grades of staff by an external company.

Report compiled by:

Sheila Doyle

Inspector of Social Services
Social Services Inspectorate
Health Information and Quality Authority

17 November 2011

Chronology of previous HIQA inspections	
Date of previous inspection	Type of inspection:
3 and 4 November 2009	<input type="checkbox"/> Registration <input checked="" type="checkbox"/> Scheduled <input type="checkbox"/> Follow up inspection <input checked="" type="checkbox"/> Announced <input type="checkbox"/> Unannounced
29 December 2009	<input type="checkbox"/> Registration <input type="checkbox"/> Scheduled <input checked="" type="checkbox"/> Follow up inspection <input type="checkbox"/> Announced <input checked="" type="checkbox"/> Unannounced
16 April 2010	<input type="checkbox"/> Registration <input type="checkbox"/> Scheduled <input checked="" type="checkbox"/> Follow up inspection <input type="checkbox"/> Announced <input checked="" type="checkbox"/> Unannounced
9 and 10 June 2010	<input checked="" type="checkbox"/> Registration <input type="checkbox"/> Scheduled <input type="checkbox"/> Follow up inspection <input checked="" type="checkbox"/> Announced <input type="checkbox"/> Unannounced
15 December 2010	<input type="checkbox"/> Registration <input type="checkbox"/> Scheduled <input checked="" type="checkbox"/> Follow up inspection <input checked="" type="checkbox"/> Announced <input type="checkbox"/> Unannounced
6 June 2011	<input type="checkbox"/> Registration <input type="checkbox"/> Scheduled <input checked="" type="checkbox"/> Follow up inspection <input type="checkbox"/> Announced <input checked="" type="checkbox"/> Unannounced

Any comments the provider may wish to make:

Provider's response:

The management and staff of Kilminchy Lodge Nursing Home wish to acknowledge the recognition of the inspection team for the work which has been completed to obtain, and maintain, high standards of care within our home.

We actively seek feedback on our performance from residents, families, other professionals, visitors and staff and we will continue to monitor and improve our standards consistent.

We wish to thank the inspectors for their ongoing communications and support.

Provider's name: Patricia McCarty

Date: 25 November 2011